

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted Cereal	Cream Cheese Bagels	Oats and Chopped Grapes on Fruit Yogurt	Assorted Cereal	Cheese and Ham Croissants
Lunch	Nduja and Spring Greens Pasta Bake, Fresh Bread and Buttered Peas  Spring Greens and Pepper Pasta Bake  Watermelon Slices	Toad in the Hole, Mashed Potato, Steamed mixed Vegetables and Gravy  Vegan Sausages  Chopped Grapes and Greek Yogurt	Spaghetti Bolognese, Garlic Bread, Cucumber and Tomato Salad  Vegan Bolognese  Yogurt Pots	Cod and Coleslaw Tacos, Cous-Cous, Peas and Sweetcorn  Quorn Fillets  Pineapple and Watermelon Sticks	Green Spinach and Lemon Risotto, Fresh Bread and Steamed Carrots   Strawberry Flapjack
Tea	Polish Burgers, Sweet Potato Fries, Steamed Carrots and Cucumber Sticks  Vegan Burgers  Lemon Meringue Pie	Vegetable Tikka, Steamed Rice, Roasted Courgette and Vegetable Spring Rolls  Vegan Tikka  Banana Bread with Cream	Pea and Tarragon Cream Roast Chicken, Stock Infused Potato Slices, Broccoli and Cauliflower  Vegan Chicken  Cherry Sponge Cake	Spring Onion and Coconut Chicken, Potato Wedges and Sticky Fried Parsnips  Vegan Chicken  Lemon Drizzle Cake	Sausage Plait, Mashed Potato, Broccoli and Cabbage  Vegan Sausage Plait  Cherry Sponge Cake